



PA04 Relationships and Sex Education (RSE) Policy

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Shrewsbury International School Phnom Penh is committed to providing outstanding care and education to its pupils and to safeguarding and promoting the welfare of children and young people.

Relationships and Sex Education (RSE) Policy

Shrewsbury International School Phnom Penh

Introduction

Shrewsbury International School Phnom Penh recognises the importance of Relationships and Sex Education (RSE) as a vital part of a pupil's personal, social, and health education (PSHCE). This policy outlines the school's approach to delivering a comprehensive and age-appropriate RSE programme for all pupils.

Aims of the RSE Programme

- To equip pupils with the knowledge and understanding to build healthy, respectful relationships of all kinds.
- To promote positive self-esteem and body image.
- To develop skills for communication, decision-making, and negotiation.
- To provide accurate information about human sexuality and sexual health.
- To enable pupils to make informed choices about their sexual health and well-being.
- To create a safe and supportive environment where pupils feel comfortable asking questions.

Content and Delivery

The RSE programme will be delivered progressively throughout the school, with content tailored to the age and maturity level of the pupils. It will cover a range of topics including:

- Relationships: Friendships, family relationships, healthy communication, consent, and respect.

- Physical development: Changes during puberty, body image, and self-care.
- Sex and sexuality: Human anatomy and reproduction, sexual orientation, and healthy sexual relationships.
- Sexual health: Sexually transmitted infections (STIs), contraception, and staying safe online.

The RSE programme will be delivered through a variety of methods, including:

- Classroom lessons
- Group discussions
- Guest speakers
- Workshops

Partnership with Parents

The school acknowledges parents' primary role in the RSE of their children. We are committed to working in partnership with parents to ensure a consistent approach to these sensitive topics. Parents will be informed about the RSE programme content and will have the opportunity to discuss any concerns they may have.

Right to Withdraw

Parents have the right to withdraw their child from all or part of the non-compulsory elements of the RSE programme. However, the school strongly encourages parents to discuss any concerns with the school leadership before making a decision.

Staff Training

All staff involved in delivering the RSE programme will receive appropriate training to ensure they feel confident and competent in addressing these sensitive topics.

Monitoring and Evaluation

The RSE programme will be regularly reviewed and evaluated to ensure its effectiveness and to reflect the changing needs of the pupils.

Resources

The school will provide a range of resources to support the RSE programme, including age-appropriate materials and websites.

Conclusion

Shrewsbury International School Phnom Penh believes that a high-quality RSE programme is essential for the well-being of all pupils. This policy provides a framework for delivering an RSE programme that is informative, inclusive, and respectful.

Review

This policy will be reviewed every two years or as needed.

Contact

For further information about the RSE programme, please contact the Head of Primary.